

## **Our Mission/What We Do**

**Our mission is to reduce and prevent substance abuse by teaching kids the skills and perspective they need to resist substance abuse and addiction.**

We step in where parents, families, neighborhoods and schools are overwhelmed, out of their depths and lacking resources. We blunt the impact of broken families and environments and use proven best practices to reach and transform our audiences.

We aim to increase resilience in the next generation and create long-term value for communities by reducing costs and increasing future economic potential.

## **Our Impact Over the Years**

Ever since its inception in 1999, our program has grown at approximately 20-25 percent each year, until the 2006-2007 school year when it doubled. At the close of the 2019-2021 school year, LSIS reached more than 50,000 students in Palm Beach County and had a lifetime reach of over 300,000 students with free programming.

## **Our Programs and Products**

- 1. HIPS:** A program for parents, *Hidden in Plain Sight* simulates a teenager's bedroom with items hidden in plain sight of parents that may be signs of risky behavior. Parents are also given the tools to aid with conversation versus confrontation in addressing the topic with their teens.
- 2. B.A.B.E.S:** Beginning Awareness Basic Education Studies allows us to start with younger children, by building deeper resilience skills through social emotional learning, and close the key gap on key points of risk and exposure.
- 3. The Family Box for Substance Abuse and Prevention** is aimed at families with students in grades 5-12. It is a set of carefully curated items that help start and support cross-generational family conversations around substance abuse.

## **How to Engage Us**

Our prevention coordinators are your key contacts for all our programming. They are your partners to discuss your needs, explain all the available programs, products and content and coordinate all engagements end-to-end. Contact us at [drspencer@livingskillsintheschools.org](mailto:drspencer@livingskillsintheschools.org)