



I, as a parent/caregiver, would like to know about

Medicine Literacy

Medicine Literacy series features a collection of age-appropriate, animated lessons to educate children on medicine safety principles.



Knowledge – What the kids learned

- o Medicine is not candy or for play!
- o Medicine is not for sharing!
- o Sharing our feelings is a great way to care for our mental health!
- o Telling someone when you've made a mistake and asking for help is important!



Now – What can I do as a parent/caregiver?

- Ask them what they learned and build from there!
- o Ask, "What did you learn about medicine safety today?"
 - o Ask, "Do you know where we store medicine at home?"
 - o Discuss your family's rules around who is allowed to give medications.



Observation – What should I ask or look out for?

- o Watch for curiosity, answer any questions that come up.
- o Watch for an opportunity to share feelings and reinforce mental health awareness and emotional expression.



Where to turn to for help – Resources

- o **Poison Control Center** 1-800-222-1222
- o **Dial 211 or visit** www.211palmbeach.org **for Palm Beach or** www.211-broward.org **for Broward.**
- o **Go to LSIS's parent K-5 education page** to watch all six of our Medicine Literacy videos. livingskillsintheschools.org
- o **Sign up** to join our waiting list for our Medicine Literacy Family Box. store.livingskillsintheschools.org