

**I** I would like to know about

# Drug Trends: Marijuana

After Alcohol, Marijuana is the most commonly used illegal substance among American teens.\*

**K** **KNOWLEDGE – What I need to know**

- Synthetic marijuana is available at gas stations & smoke shops.
- Edible marijuana can be ingested through food or beverages.
- From 2019-2022, 540,000 people under the age of 25 were hospitalized with complications from cannabis use.
- **Marijuana Overdose is real!** Symptoms include: Severe disorientation, nausea, vomiting, psychosis.

**N** **NOW – What can I do as a parent/caregiver?**

Continue the conversation! Here are some conversation starters:

- **Ask:** “If you were in a situation where someone offered you marijuana, how would you handle it?”
- **Ask:** “How have you seen marijuana negatively affect someone’s life?”
- **Ask:** “How dangerous do you think marijuana is and why?”

**O** **OBSERVE – What should I look out for?**

- Check what they are doing online/see what they are posting.
- KNOW any hashtag or emoji codes used to promote marijuana use:



- #dank #dabs #organic #mmj #mj

**W** **WHERE to turn for help - Resources**

- Break the hashtag code:  
<https://smartsocial.com/teen-slang-emojis-hashtags-list>
- 211 Palm Beach County <https://211palmbeach.org>
- National Suicide Prevention Lifeline 1-800-273-8255
- Al-Anon Ala-teen Meetings  
<https://al-anon.org/al-anon-meetings/find-an-alateen-meeting>

\*<https://www.cdc.gov/medication-safety/data-research/facts-stats/index.html>

